Allegheny Lutheran Social Ministries

ANNUAL REPORT 2018



2018 ANNUAL REPORT

Greetings!

It is that time of the year when we share with you what we as Allegheny Lutheran Social Ministries (ALSM) have achieved by meeting the needs of the people we serve.

Last year, we provided \$2.6 million in benevolent support to those in our care who have limited funds. We are grateful for the generosity of our donors, both past and present, who have supported ALSM so that we have the investments to continue our mission of service.

In addition to our benevolent care, we also accomplished the following:

- Blairmont Commons cottages were completed. They were fully and quickly occupied with persons 55 and over.
- At our Annual Dinner we honored several people who have made a difference in the history of ALSM. Those honorees are Mondon Smith, who received The Rev. Dr. Luke Rhoads Lutheran of the Year award; George Penrod, designated as the Helping Hand recipient; Meghan and Carrie Frederick, who received the Youth Service award. Keller Engineers received the President's Award. The Rev. Ed Harshberger received The Rev. Walden Holl award at the Allegheny Synod Assembly Gathering.
- The upgrade of the personal care wing of The Lutheran Home at Johnstown was completed. The Growing Years Early Learning Center moved into a new building on the Johnstown campus.
- The consolidation of two senior daily living centers in Somerset County created one state-of-the-art center adjacent to Lutheran Commons, the rental assistance apartments in Somerset.
- The expansion of the cottage program on the campus of The Oaks at Pleasant Gap began.
- We again served over 3,000 people in our programs that span the generations throughout the eight counties of West Central Pennsylvania.
- Our staff team members were recognized for anniversaries of service totaling 295 years.
- ALSM continued to be the only Lutheran not-for-profit organization that is accredited by the Commission on Accreditation of Rehabilitation Facilities (CARF) in PA.

This report provides you a summary of our influence on our eight-county service area. Fulfilling our mission, our dedicated staff team responds every day to the needs of those we serve.

As a faith-based, not-for-profit organization that cares for all regardless of a religious belief, we are blessed to have donors who enable our mission of service each day.

Please know we are grateful for your prayerful and financial generosity.

Vatricia W. Savag - The Rev. John M. Miller Patricia W. Savage President/CEO

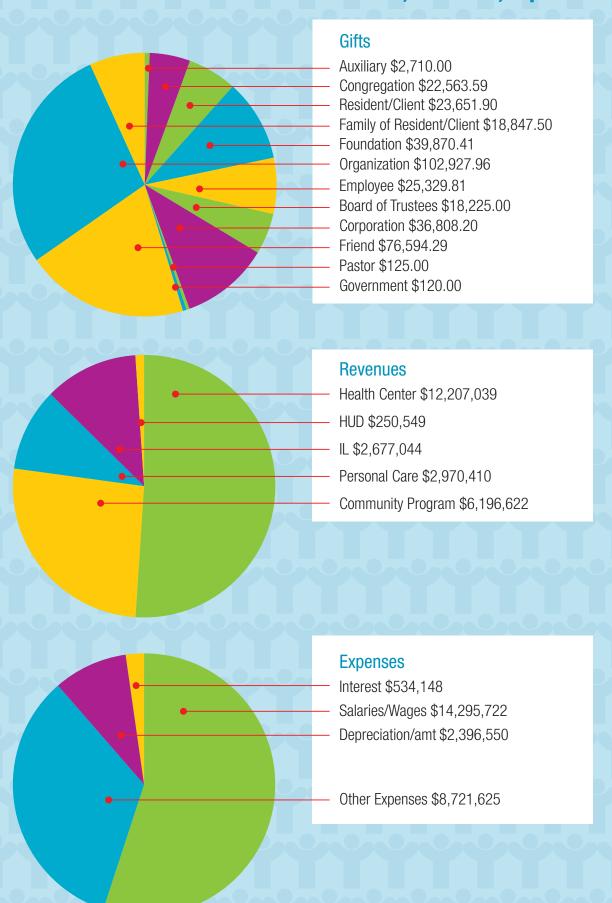
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2018 Gifts, Revenues, Expenses



Support For Residents

Allegheny Lutheran Social Ministries (ALSM) hosts events and conducts appeals throughout the year to raise funds to support those in our care.

In 2018, ALSM provided over \$2.6 million in benevolent care to residents and clients who have outlived their funds.

James V. Meadows Memorial Golf Outing

Each year, ALSM holds an annual golf outing to raise money for the benevolent care fund. In 2018, golfers, donors, and sponsors, helped ALSM raise more than \$35,000, which exceeded the prior year's outing. Proceeds went toward ensuring that persons who outlive their funds continue to receive the same care.

Annual Dinner

At ALSM's annual dinner, family, friends and supporters come to honor persons who have made a difference. This is an evening focused on celebrating the accomplishments of many who generously give to help us fulfill our mission. All proceeds from the evening event benefit the ALSM benevolent care fund.

Auxiliaries

ALSM is fortunate to have the support of the Centre and Cambria County Auxiliaries. Each Auxiliary raises funds through annual events to support the residents at The Lutheran Home at Johnstown, The Oaks at Pleasant Gap and other ALSM programs in their respective communities.



108 golfers participated in the 2018 Outing. Pictured, the Benchmark Therapies Team including Shawn Byrnes, Ryan Bender, Kristi Hepburn and Ky Bender.



Centre County Auxiliary members Bonnie Miller, President, and Wendy Gibbs welcome guests to the Annual Fashion Show.

Support For The Community

Allegheny Lutheran Social Ministries provided community support for social, economic, and educational development.

Social Accountability

In addition to serving those in our care, ALSM believes in giving back to the community. Below are some of the organizations that ALSM supported in 2018. In addition to this list, there are many other ways that ALSM contributes to community organizations including, but not limited to, participating in walks to raise funds, staff team members helping volunteer organizations, and residents joining together to serve. These are a few of the community organizations that ALSM has supported:

Altoona Community Theatre

Altoona Symphony Orchestra

American Cancer Society

American Heart Association - Go Red for Women

Alzheimer's Association

Blair County Arts Foundation

Blair Senior Services

Collection Drives

Clothing – hats, gloves, and coats for children

Food - donated to local food banks

Girls Night Out

Greater Altoona Career and Technology Center

Healthy Blair County Coalition

Pink on the Links

UPMC Altoona Foundation

Rotary Club - Becky Sheetz Golf Outing

Somerset County Area Office on Aging

Southern Alleghenies Museum of Art

The Foundation for Mount Nittany Medical Center

United Way of Blair County

WALY Warmth

WPSU Public Broadcasting



Residents and staff team members at The Lutheran Home at Johnstown pack winter clothing for children to donate to those in need.

Education

In 2018, ALSM sponsored eight students in the CNA (certified nursing assistant) certification program through the Greater Altoona Area Career and Technology Center. After completing their class and finishing their clinical experience at The Lutheran Home at Hollidaysburg, all eight students graduated. Several of the graduates are still working at The Lutheran Home at Hollidaysburg.

Community Outreach

After the flooding in Blair County during the fall of 2018, ALSM team members, residents, and participants in Blair County collected supplies for flood buckets. The buckets were distributed through the ELCA's Lutheran Disaster Response program.



From left to right, Connie Miller, GAACT instructor, Shawn Shawley, Paige Harkins, Israel McCaulley, Renee Harris, Erica Culbertson, and Chris Coley

Support For Those In Our Care

ALSM goes beyond simply what is expected in order to provide quality and personalized care. We are always looking for innovative products, technology and techniques to comfort those in our care.

Music and Memory

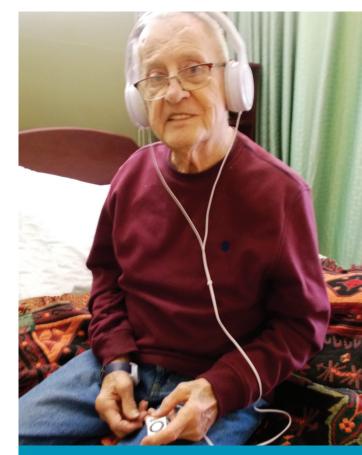
Thanks in part to a grant from the Altoona Rotary Club, staff team members at The Lutheran Home at Hollidaysburg and the Senior Daily Living Center in Altoona became certified providers of the "Music & Memory" program. "Music & Memory" is a nationally recognized non-profit organization that brings music into the lives of older adults through digital music technology with the goal of improving their quality of life. As of late 2018, the "Music & Memory" certification is now being used at The Lutheran Home at Johnstown, The Lutheran Home at Hollidaysburg, The Oaks at Pleasant Gap and The Senior Daily Living Center in Altoona.

Wheels Away

The "Wheels Away" wheelchair van ministry is blessed with wheelchair accessible vans that provide transportation for wheelchair bound individuals from Bedford and surrounding counties. Thanks to appeals in 2018, ALSM and 35 drivers provided 269 rides to those who needed transportation.

Dakim Brain Fitness Program

ALSM has Dakim Brain Fitness Programs available at the senior living campuses and both Senior Daily Living Centers. The Brain Fitness Program is built from standardized neurological tests and exercises developed by psychologists, neurologists, and brain health researchers. Dakim's unique and effective brain training program takes basic cognitive tasks and creates imaginative, fun, and stimulating games for users to improve their cognitive functioning.



Bill Yarbinitz, a resident at The Lutheran Home at Johnstown, enjoying the "Music & Memory" program.



Bev Patton, Director, Love In The Name Of Christ (Love INC.), John Beamer, Spearhead Advisor, Wheels Away, and ALSM President/ CEO, Pat Savage.

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We Serve Eight Pennsylvania Counties: Bedford, Blair, Cambria, Centre, Clearfield, Fulton, Huntingdon & Somerset

